


**Checklist:**  
*Motivation meeting*



- What do you like the most about your work?
- What do you like the least?
- What things motivate you?
- What things demotivate you?
- What can I do to make your work more fulfilling?
- What do you need to be happy in your work?
- What type of reward would you appreciate the most?

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**Recommendation:**

Print and cut out this card. Keep it handy when you need to review it.